



# Module 10

## Integrating Motivational Approaches Into Practice



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Treatment  
[www.samhsa.gov](http://www.samhsa.gov)

# Practice Integration— Ideas and Issues

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- What techniques would you most like to implement into your practice?
- In what way?
- What potential program barriers to implementation do you see?
- What potential personal barriers to implementation do you see?
- In what ways might these barriers be overcome?
- How ready/prepared are you to make changes in your practice?