

Interpersonal Effectiveness Handout 10

Ideas for practicing your skills

1. Ask your friend for a special favor

2. Order a special meal at McDonalds



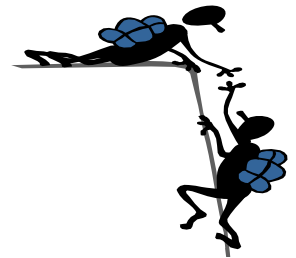
3. Go to the store and ask the salesperson where the restroom is.



4. Invite a friend over for dinner

5. Ask for help on homework; help someone else on their homework

6. Ask for help fixing something; help someone else fix something



7. Ask other group members to remain quiet

8. Start a conversation with an adult you know



10. _____

