

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

### PROFESSIONAL EXPERIENCE

#### Crossroads Counseling

##### ***Trauma & Addictions Therapist (6//2019-Present)***

- Provide outpatient therapy to adult clients struggling with PTSD, addictions, &/or other behavioral health concerns, utilizing interventions including Eye Movement Desensitization & Reprocessing (EMDR), cognitive-behavioral, and motivational enhancement.

#### Integrated Recovery Training & Consultation Services

##### ***Behavioral Health Trainer & Consultant (1//2010-Present)***

- Develop and deliver customized staff training and consultation services to behavioral health treatment service provider organizations.

#### University of Michigan, School of Social Work

##### ***Adjunct Faculty, Addictions Certificate Program Director (9//2008-Present)***

- Teach the integrated "Motivational Interviewing for Social Workers" mini-course to MSW program students and practicing community professionals. Oversee the delivery of the 90-hour, web-based Addictions Certificate Program, including monthly video-conferenced consultation, through the U-M School of Social Work's Continuing Education Office.

#### Personalized Nursing LIGHT House, Inc. (PNLH)

##### ***Clinical Director (6//2018-1//2019)***

- Provided oversight, support, and management of clinical aspects of addiction treatment services across 5 service sites, spanning the continuum from detox/residential, to intensive and traditional outpatient levels of care. Spearheaded and delivered staff training, quality improvement, and innovative service development, particularly in the area of effectively serving those with various combinations of co-occurring substance use and other complex behavioral health issues, including posttraumatic stress.

#### Foundations Recovery Network / Foundations Detroit

##### ***Director (3//2016-6//2018)***

- Directed and managed all aspects of outpatient service programs relating to client care, quality of service and therapeutic modalities for this outpatient clinic, as part of the national Foundations Recovery Network organization. Provided fiscal and programmatic leadership, employee and program management, marketing support and sales leadership for all service programs, and associated administrative duties for this cutting-edge outpatient facility located in the metropolitan Detroit area, serving individuals with co-occurring substance use and mental health disorder recovery needs.

#### Detroit Wayne Mental Health Authority (DWMHA) / Detroit-Wayne County Community Mental Health Agency (D-WCCMHA)

##### ***Deputy Chief of Clinical Operations (1//2015-3//2016)***

- Led and oversaw the development, implementation and sustainability of effective services to support and promote the recovery of individuals served by the Detroit Wayne Mental Health Authority, at all levels of the public behavioral health system of care. This included managing a team that addressed provider network workforce development, and value-added grantsmanship efforts attempting to advance the DWMHA system of care toward world-class status.

##### ***Director of Clinical Practice Improvement and Grantsmanship (1//2014-1//2015)***

- Led the development, implementation and sustainability of effective services supporting the recovery of individuals served by the Detroit Wayne Mental Health Authority, at all levels of the public mental health and substance use disorder system. Focus included leveraging grants activities and workforce development to pursue systems-level transformation into a world-class, recovery-oriented system of care that is evidence-based, data-driven and client-centered.

##### ***Director of Evidence-based Practices and Innovation (3//2013-1//2014)***

- As a contractor, provided technical leadership in the management and direction of implementation strategies and innovation for evidence-based programs in Wayne County's public sector behavioral health provider network, including coordination of associated implementation and sustainability planning and activities such as workforce training, ongoing consultation, and data analysis/reporting.

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### **Michigan Department of Community Health (MDCH) / Bureau of Community Mental Health Services**

#### ***Manager – Service Innovation and Consultation Section (10//2011-3//2013)***

- Led team of staff in support of statewide implementation of various evidence-based practices and initiatives (including Co-occurring Disorders/Integrated Dual Disorders Treatment [IDDT], Assertive Community Treatment [ACT], Family Psychoeducation [FPE], Dialectical Behavior Therapy [DBT], Supported Employment [SE], Motivational Interviewing [MI], Integrated Physical Healthcare, Trauma-Informed and Trauma-Specific Services, Mental Health Courts) to address complex/co-morbid recovery challenges.

#### ***Departmental Specialist – Service Innovation and Consultation Section (10//2010-10//2011)***

- Supported development and implementation of multiple evidence-based practices (IDDT, DBT, MI) in Michigan's public mental health system, providing program review, technical assistance and consultation to statewide provider networks.

#### ***Michigan Fidelity Assessment Support Team (MIFAST) Lead Reviewer (3//2006-3//2013)***

- Led Integrated Dual Disorders Treatment (IDDT) and Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) Fidelity Site Reviews, and provided technical assistance/training for mental health service providers implementing these SAMHSA-endorsed models for delivering co-occurring disorders treatment.

### **Washtenaw County Community Support & Treatment Services (CSTS) / Washtenaw Community Health Organization (WCHO)**

#### ***Clinical Practices Administrator (10//2006-10//2010)***

- Oversaw development and implementation of evidence-based clinical practices in the agency's Adult, Child & Family, and Developmental Disabilities clinics, also providing staff competency training and clinical supervision.

#### ***Co-occurring Disorders Treatment Coordinator (10//2005-10//2006)***

- Developed and implemented treatment services for co-occurring mental health and substance use disorders across the agency, including clinical supervision and training of service-providing staff, and representing the needs of co-occurring disordered consumers in local, regional, and State-level workgroups.

#### ***Group Facilitator, Staff Trainer - Shelter Association of Washtenaw County / Delonis Center (3//2005-11//2006)***

- Facilitated a weekly cognitive-behavioral therapy men's group ("Change Your Thinking, Change Your Life") at Ann Arbor's Delonis Center homeless shelter. Also trained Center staff in Motivational Interviewing.

#### ***Health Services Supervisor (12//2002-10//2005)***

- Provided supervision of case management and therapy staff serving adult consumers with severe mental health and/or substance use disorders. Developed and implemented co-occurring treatment services.

#### ***Access Service Coordinator (4//2002-12//2002)***

- Provided clinical support, workload management, department representation and special projects functions, including preparation for Michigan Department of Community Health site visits, participation in network provider audits, hiring/training of new employees, and serving on various work groups.

#### ***Access Mental Health Professional (6//2000-4//2002)***

- Determined eligibility for mental health, substance abuse, and public health services for uninsured and Medicaid populations of Washtenaw & Livingston Counties, providing information, screening and referral to available treatment/resource providers as indicated. Also provided information & referrals to callers on a wide range of other community organizations, resources, and services.

#### ***Mental Health Professional (5//1999-6//2000)***

- Provided individual therapy and group facilitation for adults, specializing in addressing the treatment/recovery needs of consumers with co-occurring mental health & substance use disorders, and personality disorders. Assessed new referrals, and managed Hill St. House, a Dual Recovery ¾-house for men, providing clinical and case management services.

#### ***Client Services Manager (CSM) (1//1993-5//1999)***

- Provided community-based case management and group work with CMH's Dual Diagnosis Unit, serving adult clients with Axis I and II psychiatric and addictive disorders. Provided representative payee services with the Assertive Community Treatment (ACT) team, and case management services with the Moderate Unit.

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### **Hospital Employment Experience**

#### **St. Joseph Mercy Health System (SJMHS): Behavioral Services Specialist (10//2001-7//2004)**

- Conducted mental health and substance use assessments, and provided treatment recommendations, trauma intervention and supportive services for Emergency Room/Urgent Care walk-ins. Coordinated care with MDs, RNs, area hospital psychiatric units, and health insurance carriers.

#### **Chelsea Community Hospital: Mental Health Worker (5//1992-3//1998)**

- Delivered care to mental health patients in the intensive psychiatric care unit. Conducted intake assessments, facilitated patient education, monitored vital signs, managed milieu care, and implemented care plans with associated documentation, as part of a multi-disciplinary treatment team.

## **VOLUNTEER EXPERIENCE**

#### **Presenter (9//2018-Present) – “Heart and Soul” Marriage Ministry**

- Provide presentations related to important intrapersonal and interpersonal elements contributing to a strong marriage, from the “Heart and Soul of a Real Marriage” curriculum, as part of a team under the auspices of Knox Evangelical Presbyterian Church. Traveled to Burundi, Africa to deliver this material to medical missionary team members serving at Kibuye Hope Hospital.

#### **Sponsor (1//1991-Present) – 12-Step Recovery**

- Provide mentoring & coaching support for multiple individuals seeking freedom from addictions, as a contributing member of 12-Step recovery fellowships.

#### **Presenter (3//2009-10//2010) – Washtenaw Recovery Speakers Bureau**

- Provided presentations related to personal recovery from mental illness, addiction and trauma for various audiences and organizations, including: *Manchester, Saline, Ann Arbor Pioneer, & Ann Arbor Huron High Schools.*

#### **Case Coordinator (3//2007-3//2013) – Knox Deacon Board**

- Provided case-finding and intervention recommendations and support for individuals and families whose wide-ranging needs are brought to the attention of the Deacon Board of Knox Evangelical Presbyterian Church.

#### **Clinical Director (9//2001-12//2003) – “More than Conquerors” Sexual Abuse Survivor Ministry**

- Coordinated the “More Than Conquerors” ministry effort of Knox Evangelical Presbyterian Church, serving adult survivors of childhood sexual abuse. Trained and supervised counselors, and led weekly education and support groups.

#### **Men’s Touchstone Group Facilitator (7//1991-9//1995) – WCCMH / Assault Crisis Center**

- Facilitated weekly treatment/support groups for adult male survivors of childhood sexual trauma, with a dual focus on processing historical trauma while also acquiring and practicing improved life skills. Also assisted in planning, organizing and co-leading workshops and other events for adult trauma survivors.

#### **Group Facilitator (7//1989-9//1989) – Kresge House**

- Facilitated weekly Alateen meetings with adolescents from alcoholic families, meeting at Chelsea Hospital’s Kresge House facility while parents engaged in adult treatment activities.

#### **Crisis Line Staff / Group Facilitator (12//1988-6//1989) – Ozone House**

- Answered the Ozone House crisis line and responded to the presenting needs of runaway / “throwaway” youth, following the completion of 50 hours of crisis-intervention training. Also facilitated support groups with substance-abusing adolescents at the Ann Arbor site.

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### TEACHING EXPERIENCE

#### *Eastern Michigan University (Ypsilanti campus)*

##### Semester Courses – School of Social Work

- Fall Term/2013 – **Dynamics and Practice: Chemical Dependency Services** (SWRK.653)
- Winter Term/2012 – **Social Work with Groups** (SWRK.409)
- Winter Term/2012 – **Dynamics and Practice: Mental Illness Services** (SWRK.652)

##### Seminar Classes – School of Social Work, Continuing Education Department

- **Introduction to Motivational Interviewing workshop** (6.0); Eastern Michigan University's School of Social Work Continuing Education Department (Brighton, MI) – 12/14/2012, 12/9/2011.
- **Understanding and Treating Co-occurring Mental Health and Substance Use Disorders workshop** (6.0); Eastern Michigan University's School of Social Work Continuing Education Department (Livonia, MI) – 2/3/2012, 10/8/2010.
- **Understanding and Treating Co-occurring Mental Health & Substance Use Disorders workshop** (6.0); Eastern Michigan University School of Social Work's Continuing Education Department (Detroit, MI) – 5/20/2011, 2/26/2010.
- **Introduction to Motivational Interviewing workshop** (6.0); Eastern Michigan University's School of Social Work Continuing Education Department (Livonia, MI) – 12/10/2010.
- **Co-Occurring Mental Health and Substance Use Disorders workshop** (6.0); Eastern Michigan University's School of Social Work's Continuing Education Department – 7/25/2008.

##### EMU Invited Guest Lectures

- **Urban Community Mental Health** (SWRK 478/591) Guest Lecture; Eastern Michigan University, School of Social Work, Bachelor's/Master's Programs (Detroit, MI) – 10/25/2013.
- **Social Work with Groups** Guest Lecture; Eastern Michigan University, School of Social Work, Bachelor's Program (Ypsilanti, MI) – 6/19/2013.
- **Cognitive Behavior Therapy and Dialectical Behavior Therapy** Guest Lecture; Eastern Michigan University, School of Social Work, Master's Program (Ypsilanti, MI) – 1/24/2012.
- **Dual Diagnosis: Co-Occurring Mental Illness and Chemical Dependency** Guest Lecture; Eastern Michigan University, School of Social Work, Master's Program (Ypsilanti, MI) – 4/5/2007.
- **Social Work in the Mental Health Field** Guest Lecture; Eastern Michigan University, School of Social Work, Bachelor's Program (Ypsilanti, MI) – 10/25/1999.

#### *University of Michigan – (Ann Arbor campus)*

##### Semester Courses – Graduate School of Social Work

- Fall Term/2019 – **Social Work Practice in Mental Health** (SW.698)  
**Motivational Interviewing for Social Workers** (SW.790)  
**Understanding and Addressing Suicidality** (SW.510)
- Winter Term/2019 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2018 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2017 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2015 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2014 – **Motivational Interviewing for Social Workers** (SW.790)

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- Fall Term/2013 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2012 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2011 – **Motivational Interviewing for Social Workers** (SW.790)
- Winter Term/2011 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2010 – **Motivational Interviewing for Social Workers** (SW.790)
- Winter Term/2010 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2009 – **Motivational Interviewing for Social Workers** (SW.790)
- Fall Term/2008 – **Managing Projects and Organizational Change** (SW.660),  
**Motivational Interviewing for Social Workers** (SW.790)

### Seminar Classes – School of Social Work, Office of Continuing Professional Education

- **Web-based Addictions Certificate Program** Director, coursework pre-approved for 90 Social Work CEUs and 90 Certified Addictions Counselor (MCBAP) contact hours; University of Michigan, School of Social Work, Office of Continuing Professional Education – ongoing in self-paced, web-based format (2020, 2019, 2018, 2017); live webcast format from 10/15/2015 - 6/15/2016; 10/17/2014 - 4/30/2015; 10/18/2013 - 5/10/2014.
- **Intervention: Motivational Enhancement** Social Work CEU (4) seminar classes, as part of the Web-Based Certificate in Integrated Behavioral Health and Primary Care (IBHPC); University of Michigan, School of Social Work, Office of Continuing Professional Education – 11/4+11/18/2019; 4/3+17/2019; 10/29+11/7/2018; 4/18+5/2/2018; 10/18+23/2017; 4/19+5/3/2017; 4/15+20/2016; 11/20/2015; 12/5+10/2014; 11/13/2013 & 3/22/2014; 5/1+18/2013.
- **Behavioral Health First Aid: Recognition & Response** CEU (4) inservice training; University of Michigan, School of Social Work, Office of Continuing Professional Education – 12/9/2016.
- **An Introduction to Motivational Interviewing** Social Work CEU (3) seminar class; University of Michigan, School of Social Work, Office of Continuing Professional Education – 4/26/2013.
- **Addressing Trauma in Addicted Populations** Social Work CEU (3) seminar class; University of Michigan, School of Social Work, Office of Continuing Professional Education – 2/8/2013.
- **Trauma Recovery and Empowerment Model (TREM)** Social Work CEU (3) seminar class; University of Michigan, School of Social Work, Office of Continuing Professional Education – 2/25/2011.
- **Understanding and Treating Co-occurring Mental Health and Substance Use Disorders** Social Work CEU (3) seminar class; University of Michigan, School of Social Work, Office of Continuing Professional Education – 1/19/2010.

### U-M Invited Guest Lectures

- **The Move to Integration of Public Sector Healthcare** Social Work 636 (Mental Health Policy and Services) Guest Lectures; University of Michigan, School of Social Work, Master's Program – 3/28/2017, 2/23-24/2016, 2/24/2015, 2/23/2014.
- **Introduction to Motivational Interviewing** Social Work 628 (Interpersonal Practice with Adult Individuals) Guest Lecture; University of Michigan, School of Social Work, Master's Program – 7/1/2013.
- **Priorities in Michigan** Social Work 636 (Mental Health Policy and Services) Guest Lecture; University of Michigan, School of Social Work, Master's Program – 2/11/2013.
- **Evidence-based Practices and Innovation** Social Work 636 (Mental Health Policy and Services) Guest Lecture; University of Michigan, School of Social Work, Master's Program – 3/13/2012.
- **Evidence-based Practices** Social Work 636 (Mental Health Policy and Services) Guest Lecture; University of Michigan, School of Social Work, Master's Program – 2/7/2011.
- **Co-Occurring Mental Health and Substance Use Disorders** Social Work 698 (Practice in Mental Health) Guest Lectures; University of Michigan, School of Social Work, Master's Program – 7/7/2008; 11/16/2007.
- **Behavioral Health Services Continuum of Care** (T. Powell's class) Guest Lecture; University of Michigan, School of Social Work, Master's Program – 2000.

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### **Washtenaw Community College** (*Ypsilanti campus*)

#### **Seminar Classes – Lifelong Learning Department**

- **Co-occurring Mental Health & Substance Use Disorders: An Introduction** Social Work CEU (3) Seminar class; Washtenaw Community College, Lifelong Learning Department – 1/28/2010.
- **Introduction to Co-Occurring Mental Health and Substance Use Disorders** Social Work CEU (3) Seminar classes; Washtenaw Community College, Lifelong Learning Department – 2/12/2009; 6/19/2008; 12/6/2007.

#### **Invited Guest Lectures**

- **Addiction and the Brain: This is Your Mind on Drugs** Psychology class Guest Lectures; Washtenaw Community College – 2/19/2004; 10/7/2003.

### **Wayne State University** (*Detroit campus*)

#### **Invited Guest Lectures**

- **Behavioral Health Recovery** Guest Lectures to first-year Psychiatry Students in the School of Medicine, Department of Psychiatry, Wayne State University – 1/28/2015; 1/21/2015.
- **Challenges to Recovery: Under-treated Trauma** Fourth-year Psychiatry Student Guest Lecture: School of Medicine, Department of Psychiatry, Wayne State University – 2/20/2015.

## EDUCATION

### **Eastern Michigan University**, Ypsilanti, MI – (**September 1995 – April 26, 1999**)

- Master's degree in Social Work (MSW), 4.0 GPA; emphasis on mental health and chemical dependency;
  - 500-hour Field Project with WCCMH, conducting agency-based research, compiling a Case Management training/reference manual, and providing professional development support to case managers;
  - 400-hour Field Placement at the Washtenaw County Jail's Correctional Services Office, providing Mental Health/Suicide Assessments, group facilitation, and individual therapy services.

### **Michigan State University**, East Lansing, MI – (**September 1980 – August 30, 1985**)

- Bachelor's of Science (BS) degree in Psychology, with honors;
- Bachelor's of Arts (BA) degree in Economics, with honors;
  - National Merit Scholarship and Pell Grant Scholarship recipient;
  - Member of Golden Key National Honor Society and MENSA.

## CERTIFICATIONS

- **Licensed Master's Social Worker (LMSW) / Clinical and Macro Specialties**
  - 11/20/2001 – Present, State of Michigan Department of Community Health / LARA
- **Certified Clinical Supervisor (CCS)**
  - 2018 – Present, Michigan Certification Board for Addiction Professionals
- **Internationally Certified Alcohol and Drug Counselor (ICADC/CADC, formerly CAC-R, CAC-II)**
  - 2002 – Present, Michigan Certification Board for Addiction Professionals
- **Certified Addictions Counselor / Level I (CAC-I)**
  - 2000 – 2002, Michigan Certification Board for Addiction Professionals
- **Licensed Bachelor's Social Worker (LBSW)**
  - 5/1/1995 – 11/20/2001, State of Michigan Department of Community Health

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### PROFESSIONAL MEMBERSHIPS

- **Association for Addiction Professionals (NAADAC):** (2012 - Present)
- **National Alliance for the Mentally Ill (NAMI)** Washtenaw County, Michigan Chapter: (1996 - Present)
- **Council on Social Work Education (CSWE):** (2012 - 2013)
- **Association for the Advancement of Social Work with Groups (AASWG):** (1996 - 2002)
- **National Association of Social Workers (NASW):** (1995 - 2002)

### PRESENTATIONS

#### Refereed Presentations – N A T I O N A L

- 1) **Integrated Treatment of Co-occurring PTSD** presentation (1.5); NAADAC: The Association for Addiction Professionals' *2018 Annual Conference: Shoot for the Stars*, (Houston, TX) – 10/8/2018.
- 2) **Treating Co-Occurring Addiction and PTSD** presentation (1.5); Summit for Clinical Excellence's *The National Conference on Trauma, Addictions, and Mindfulness: Where Freud Meets Buddha*, (Chicago, IL) – 3/9/2018.
- 3) **Tracking the Pathway to Practice Competence: Working with Students' Natural Developmental Sequences** paper co-presentation (1.0); Council on Social Work Education (CSWE) 59<sup>th</sup> Annual Program Meeting – *Global Social Work: The World is Here*, (Dallas, TX) – 11/11/2013.
- 4) **Throwing Down the Competency Gauntlet: Preparing for Community Mental Health** poster co-presentation (1.5); Council on Social Work Education (CSWE) 58<sup>th</sup> Annual Program Meeting – *Social Work: A Capital Venture*, (Washington, DC) – 11/11/2012.
- 5) **Data-informed Strategic Planning for Statewide COD Training in Michigan** poster presentation (1.0); Substance Abuse and Mental Health Services Administration (SAMHSA) National Symposium – *Co-occurring Disorders Integration: Lessons Learned and the Road Ahead*, (Baltimore, MD) – 7/18/2011.
- 6) **Trauma-Informed and Trauma-Specific ACT Services** presentation (1.5); Assertive Community Treatment Association (ACTA) *National Conference*, (Chicago, IL) – 6/18/2010.
- 7) **Evolving Co-occurring Treatment Toward Recovery: Evidence-based Practices, Peer Specialists, and Community Supports** co-presentation (1.5); National Association of Social Workers (NASW) *Annual Conference*, (Dearborn, MI) – 4/8/2010.
- 8) **Taking Behavioral Healthcare to the Next Level: Implementing Evidence-Based Practices** co-presentation; National Council for Community Behavioral Healthcare: *37<sup>th</sup> Annual Training Conference*, (Las Vegas, NV) – 3/27/2007.

#### Refereed Presentations – S T A T E W I D E

- 1) **Addressing Co-occurring Addiction and PTSD** breakout presentation (1.5); NASW Michigan Annual Conference, (Battle Creek, MI) – 9/27/2019.
- 2) **An Introduction to Motivational Enhancement with Older Adults** workshop session (3.0); Michigan Mental Health and Aging Conference 2019, (Lansing, MI) – 5/15/2019.
- 3) **Trauma-informed Behavioral Health Care for Older Adults** intensive session (4.5); Michigan Mental Health and Aging Conference 2018, (Lansing, MI) – 5/15/2018.
- 4) **Advanced Training in Motivational Enhancement with Older Adults** intensive session (4.5); Michigan Mental Health and Aging Conference 2017, (Lansing, MI) – 5/16/2017.
- 5) **Evidence-Based Addiction Treatment: The Legacy of Project MATCH** presentation (1.5); MDHHS 17<sup>th</sup> Annual Statewide Substance Use/Co-Occurring Conference, (Detroit, MI) – 9/19/2016.
- 6) **Holistic Recovery for Whole-Person Addictions** presentation (1.5); Michigan Association of Alcoholism & Drug Counselors (MAADAC) Annual Spring Conference, (Plymouth, MI) – 5/13/2016.
- 7) **An Introduction to Motivational Enhancement with Older Adults** presentation (3.0); Michigan Mental Health and Aging Conference 2016, (Lansing, MI) – 5/11/2016.

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- 8) **Trauma-informed Behavioral Health Care for Older Adults** presentation (3.0); Michigan Mental Health and Aging Conference 2016, (Lansing, MI) – 5/11/2016.
- 9) **Trauma-informed Behavioral Health Care for Achieving Dual Diagnosis Capability Across Your System of Care** presentation (1.5) at the 16<sup>th</sup> Annual Substance Use/Co-Occurring Conference, (Grand Rapids, MI) – 9/22/2015.
- 10) **Trauma-informed Behavioral Health Care for Older Adults** presentation (2.5); North Dakota Department of Human Services Fall 2015 Behavioral Health Conference, (Bismarck, ND) – 9/3/2015.
- 11) **Understanding Co-occurring Mental Health and Substance Use Disorders** presentation (1.0); NAMI Michigan 2015 Conference, (Livonia, MI) – 5/15/2015.
- 12) **Trauma-informed Behavioral Health Care for Older Adults** presentation (3.0); Michigan Mental Health and Aging Conference 2015, (Lansing, MI) – 5/6/2015.
- 13) **Addressing Substance Abuse in Older Adults with Mental Illness** presentation (4.5); Michigan Mental Health and Aging Conference 2015, (Lansing, MI) – 5/5/2015.
- 14) **Challenges to Recovery: Under-treated Trauma** presentation (1.0); Psychiatric Rehabilitation Association – Michigan Chapter Annual Conference, (Frankenmuth, MI) – 12/11/2014.
- 15) **Overcoming Barriers to Provide and Sustain Evidence-Based, Best and Promising Practices Through Technology-Supported Workforce Development** co-presentation (1.5); MACMHB Spring Mental Health conference, (Dearborn, MI) – 5/21/2014.
- 16) **Systematically Equipping the Workforce with Clinical Practice Skills: The Detroit Wayne Strategy** co-presentation (1.5); MACMHB Spring Mental Health conference, (Dearborn, MI) – 5/20/2014.
- 17) **Challenges to Recovery: Under-treated Trauma** presentation (1.0); NAMI Michigan 2014 Conference, (Detroit, MI) – 5/10/2014.
- 18) **Challenges to Recovery: Under-treated Trauma and Internalized Stigma** keynote presentation (1.0); 2013 Psychiatric Rehabilitation Association – Michigan Chapter conference, (Frankenmuth, MI) – 12/2/2013.
- 19) **Revisioning EBP Training for Greater Impact and Sustainability** presentation (1.5); MACMHB Fall Mental Health conference, (Mt. Pleasant, MI) – 10/21/2013.
- 20) **Addressing Substance Abuse in Older Adults** presentation (4.5); Michigan Mental Health and Aging Conference 2013, (Lansing, MI) – 5/14/2013.
- 21) **Sustaining Evidence-based Practices: A Top-Down Perspective** co-presentation (1.5); MACMHB Spring Mental Health conference, (Grand Rapids, MI) – 4/30/2013.
- 22) **Components of Successful Mental Health Courts** co-presentation (1.5); MACMHB Winter Mental Health conference, (Lansing, MI) – 2/12/2013.
- 23) **Outcomes of the Statewide Mental Health Court Pilot** co-presentation (1.5); MACMHB Fall Mental Health conference, (Traverse City, MI) – 10/15/2012.
- 24) **Advancing Dual Diagnosis Capability in Mental Health Treatment using the DDCMHT** co-presentation (1.5) at the MDCH/MACMHB-sponsored “Cross-cutting and Integrated Practices” training conference, (Lansing, MI) – 6/18-19/2012.
- 25) **Advancing Dual Diagnosis Capability in Mental Health Treatment using the DDCAT** co-presentation (1.5) with at the MDCH/MACMHB-sponsored “Cross-cutting and Integrated Practices” training conference, (Lansing, MI) – 6/18-19/2012.
- 26) **Evidence-based Practices in Michigan’s CMH System: An Introduction** presentation at the National Alliance on Mental Illness (NAMI) Michigan Chapter’s Annual Conference, (Ann Arbor, MI) – 4/24/2012.
- 27) **Co-occurring Addictive and Personality Disorders** half-day presentation (3.0) at MDCH/MACMHB-sponsored “Cross-Cutting Skills and Practices for Serving Individuals with Co-occurring Disorders” training conference, (Gaylord, MI) – 9/23/2011.
- 28) **Evidence-Based Relational Factors: What Helps People Change?** presentation (3.0) at MDCH/MACMHB-sponsored “Cross-Cutting Skills and Practices for Serving Individuals with Co-occurring Disorders” training conference, (Gaylord, MI) – 9/21-22/2011.
- 29) **Trauma-informed and Trauma-specific COD Services** half-day presentation (3.0) at MDCH/MACMHB-sponsored “Cross-Cutting Skills and Practices for Serving Individuals with Co-occurring Disorders” training conference, (Gaylord, MI) – 9/21/2011.
- 30) **Evidence-Based Practices and Outcomes** presentation (1.0); MACMHB Annual Improving Outcomes, Finance & Quality Through Integrated Information Conference, (Boyne Falls, MI) – 6/2/2011.



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- 31) **From Implementation of EBPs to Sustainability: Lessons Learned and Next Steps** Pre-Conference Institute co-presentation (3.0); MACMHB Annual Spring Conference, (Kalamazoo, MI) – 5/16/2011.
- 32) **Stage-Matched COD Group Work** presentation (1.5) at the 3<sup>rd</sup> Annual Michigan Co-Occurring Disorders Conference, (Lansing, MI) – 4/25-26/2011.
- 33) **Twelve-Step Facilitation Therapy** presentation (1.5) at the 3<sup>rd</sup> Annual Michigan Co-Occurring Disorders Conference, (Dearborn, MI) – 4/25/2011.
- 34) **The Resolution of Trauma is the Foundation of Recovery** co-presentation (1.5); Michigan Association of Community Mental Health Boards (MACMHB) Winter Conference, (Lansing, MI) – 2/16/2011.
- 35) **Trauma-Informed and Trauma-Specific COD CMH Services** presentation (1.5); Case Western Reserve University Center for Evidence-Based Practice’s “Sustaining Evidence-Based Practices: The Next 10 Years” Conference, (Columbus, OH) –10/12/2010.
- 36) **Effective Dual Disorders Treatment** Social Work CEU co-presentations (12.0); MACMHB training, (Novi, MI) – 9/29-30/2010.
- 37) **Effective Dual Disorders Treatment** Social Work CEU co-presentations (12.0); MACMHB training, (Lansing, MI) – 8/24-25/2010.
- 38) **Effective Dual Disorders Treatment** Social Work CEU co-presentations (12.0); MACMHB training, (Gaylord, MI) – 7/15-16/2010.
- 39) **Outreach and Engagement into COD/IDDT Services** co-presentation (1.5); 2<sup>nd</sup> Annual Michigan Co-Occurring Disorders Conference, (Lansing, MI) – 6/15/2010.
- 40) **Trauma-Informed and Trauma-Specific CMH Services** co-presentation (1.5); MACMHB Annual Spring Conference, (Dearborn, MI) – 5/18/2010.
- 41) **Boardworks 2.0: Implementation – Best Practices** presentation (1.5); MACMHB Annual Spring Conference, (Dearborn, MI) – 5/18/2010.
- 42) **Easing the Pain: Understanding and Making Sense of the IDDT and ACT Fidelity Review Processes**, co-presentation (3.0); ‘Building the Bridge: Integrating Hope and Recovery’ MACMHB/MCBAP conference, (Lansing, MI) – 4/2/2009.
- 43) **Facilitating Treatment Groups and Supporting Self-Help Groups** co-presentation (3.0); ‘Building the Bridge: Integrating Hope and Recovery’ MACMHB/MCBAP conference, (Lansing, MI) – 4/1/2009.
- 44) **Other EBPs Within the IDDT Model**, MDCH/MACMHB-sponsored Social Work CEU (6.5) training presentation, (Grand Rapids, MI) – 9/25/2008.
- 45) **Assessment, Diagnosis and Treatment of [Co-Occurring] Substance Use Disorders**, MDCH/WSU/MACMHB-sponsored training (6.0) presentation, (Grand Rapids, MI) – 9/24/2008.
- 46) **Practical IDDT Implementation Tips and Tools** co-presentation; MACMHB Spring Conference, (Dearborn, MI) – 5/20/2008.
- 47) **Efficacy and Effectiveness of 12-Step Programs and Stagewise Groups in Co-Occurring Mental Health and Substance Use Disorders** co-presentation; MACMHB Spring Conference, (Dearborn, MI) – 5/20/2008.
- 48) **How Performance Data Dashboards can help Staff and Consumers Manage Progress and Improve Outcomes** co-presentation; MACMHB Spring Conference, (Dearborn, MI) – 5/20/2008.
- 49) **Integrated Treatment for Individuals with Co-Occurring Disorders**, co-presentation; MACMHB Winter Conference, (Lansing, MI) – 2/26/2008.
- 50) **“We Can’t Do That Here”...Tools for Program Managers Who Are Implementing Evidence-Based Practices** co-presentation; MACMHB Winter Conference, Pre-Conference Institute, (Lansing, MI) – 2/26/2007.
- 51) **Welcoming Protocol for Integrated Dual Disorder Treatment Services** co-presentation; MACMHB Spring Conference, (Dearborn, MI) – 5/24/2006.
- 52) **Developing Systems To Provide Integrated Services For People With Co-Occurring Disorders - Two Paths** panel presentation; 6<sup>th</sup> Annual Michigan Substance Abuse Conference, (Lansing, MI) – 9/15/2005.
- 53) **Concurrent Resource Sharing Breakout Session – Training and Curriculum Development: Washtenaw County’s Journey** co-presentation; Michigan Department of Community Health / COD Systems Development Update and Resource Sharing Meeting, (Lansing, MI) – 8/1/2005.
- 54) **Financing Evidence-Based Practices** co-presentation; MACMHB Spring Conference (Grand Rapids, MI) – 5/24/2005.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 55) **Facing the Challenge of Providing Integrated Treatment Services for People with Co-Occurring Disorders** panel presentation; 4<sup>th</sup> Annual Michigan Substance Abuse Conference, (Lansing, MI) – 9/8/2003.

### Invited Presentations – N A T I O N A L

- 1) **Motivational Interviewing**, Two-day CEU (12.0) staff training facilitation; Mid-Shore Mental Health Systems, Inc., on behalf of The National Council for Behavioral Health, (Denton, MD) – 12/15-16/2014.
- 2) **Co-occurring Mental Health and Substance Use Disorders Treatment**, Full-day CEU (6.0) staff training facilitation; Mid-Shore Mental Health Systems, Inc., on behalf of The National Council for Behavioral Health, (Easton, MD) – 8/5/2014.
- 3) **The 12 Steps: A Path of Recovery from Incest** presentation; Survivors of Incest Anonymous (SIA) Annual National Conference, (Ann Arbor, MI) – 6/1/1991.

### Invited Presentations – S T A T E W I D E

- 1) **Motivational Enhancement with the Ambivalent Patient/Family Member** breakout presentations (1.25 x2); Michigan State University College of Nursing & School of Social Work's 19<sup>th</sup> Annual Case Management Conference 2019 for Health Care Professionals Interested or Engaged in Case Management: Cultivating Advocacy, (East Lansing, MI) – 10/23/2019.
- 2) **A Guided Tour of Effective Treatment for Dual Disorders** presentation (4.5); MDHHS/MACMHB Co-occurring College; Selected Workshops for Implementation & Sustainability, (Lansing, MI) – 6/26/2018.
- 3) **Addressing Trauma in Dual Disorders Treatment** presentation (1.0); MDHHS/MACMHB Co-occurring College; Selected Workshops for Implementation & Sustainability, (Traverse City, MI) – 7/10/2017.
- 4) **Drug Court or Mental Health Court? Yes!** break-out presentation (1.5); Michigan Association of Treatment Court Professionals Annual Statewide Conference, (Novi, MI) – 3/14/2017.
- 5) **Treating Co-occurring Mental Health Disorders in Addictions Service Programs** presentations (1.5); MDHHS/MACMHB Co-occurring College; Selected Workshops for Implementation & Sustainability, (Bay City, MI) – 7/13/2015.
- 6) **Understanding Co-occurring Mental Health and Substance Use Disorders** presentation (1.5); National Alliance for the Mentally Ill (NAMI) State Conference, (Livonia, MI) – 5/15/2015.
- 7) **Mental Illness: Symptoms, Medications and Other Treatment** presentation (2.0); State Court Administrative Office (SCAO) Mental Health Court Conference, (Lansing, MI) – 12/20/2012.
- 8) **Burning Issues in Prevention 2012: How Does Prevention Fit in Health Care Reform? Starting the Conversation** panel co-presentation (1.5); Michigan Prevention Association (MPA) Annual Conference, (Lansing, MI) – 11/8/2012.
- 9) **Trauma Recovery** presentation (1.25); annual MDCH-sponsored Consumer Conference, (Lansing, MI) – 9/19/2012.
- 10) **Statewide Trauma Seminar** presentation; MDCH/MACMHB, (Lansing Community College/Lansing, MI) – 9/27/2010.
- 11) **IDDT and Recovery** panel co-presentation; Michigan Department of Community Health – COD/IDDT Learn & Share, (Lansing, MI) – 11/24/2009.
- 12) **Integrating Staging Interventions into Program Content** co-presentation; Michigan Department of Community Health – COD/IDDT Learn & Share, (Lansing, MI) – 1/29/2008.
- 13) **Schizophrenia and Co-Occurring Addiction** presentation; National Schizophrenia Foundation “Making Wellness a Way of Life” Consumer Conference, (Romulus, MI) – 4/2/2007.
- 14) **Clinical Documentation for Co-Occurring Disorders Treatment Implementation** presentation; Michigan Department of Community Health – COD/IDDT Learn & Share, (Lansing, MI) – 10/30/2007.
- 15) **Stages of Change and Stages of Treatment** presentation and subsequent 4-member panel discussion; Michigan Department of Community Health – COD/IDDT Learn & Share, (Lansing, MI) – 1/30/2007.

### Invited Presentations – L O C A L

- 1) **Applied Motivational Enhancement: Collaborative Treatment Planning** staff training (3.0); Development Centers, Inc., (Detroit, MI) – 12/10/2019.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 2) **Supervising Motivational Interviewing for Sustainability** staff training (3.0); Development Centers, Inc., (**Detroit**, MI) – 12/03/2019.
- 3) **Framing the Conversation: Evidence vs Opinions** breakout presentations (1.25 x2); Washtenaw Harm Reduction Conference – Pushing the Envelope: Harm Reduction in Policy and Practice, (**Ypsilanti**, MI) – 11/19/2019.
- 4) **Applied Motivational Enhancement: Strengths-based Assessment** staff training (3.0); Development Centers, Inc., (**Detroit**, MI) – 11/19/2019.
- 5) **Evidence-based Engagement: Leveraging the Relationship** staff training (3.0); Development Centers, Inc., (**Detroit**, MI) – 11/12/2019.
- 6) **Drug Abuse Panel** co-presentation (1.5); University of Michigan School of Pharmacy, (**Ann Arbor**, MI) – 11/5/2019.
- 7) **Trauma-informed Behavioral Health Care for Older Adults** regional training (6.0); Michigan Mental Health and Aging Project, (**Essex**, MI) – 9/23/2019.
- 8) **Is There Hope for Suicide & Co-occurring Disorders?** presentation (1.5); Detroit Wayne Suicidology Conference: The Power of Hope, (**Detroit**, MI) – 9/10/2019.
- 9) **Introduction to Trauma-Informed Care** regional trainings (1.5 x2); Wayne Metropolitan Community Action Agency, (**Taylor**, MI) – 9/6/2019.
- 10) **Staging & Motivation in Treatment and Intervention Planning** presentation (3.0); portion of two-day ACT 201-D MDHHS-sponsored training, (**Harbor Springs**, MI) – 8/14/2019.
- 11) **Treating Co-occurring PTSD** (1.5) break-out presentation at the Detroit Wayne Mental Health Authority's *5<sup>th</sup> Annual Raising the Bar: Meeting the Challenge, Collaborating to Recognize and Address Co-Occurring Disorders* conference, (**Detroit**, MI) – 8/12/2019.
- 12) **Effectively Addressing Co-occurring Addiction & PTSD** regional staff training (6.0); Detroit Wayne Mental Health Authority, (**Redford**, MI) – 7/26/2019.
- 13) **Drug Addiction and Mental Illness** (2.0) presentation at the Northwest Wayne Families Against Narcotics (FAN) *July Monthly Forum meeting*, (**Canton**, MI) – 7/1/2019.
- 14) **The Addiction-Trauma Connection** (2.0) presentation at the Washtenaw Families Against Narcotics (FAN) *June Monthly Forum meeting*, (**Ann Arbor**, MI) – 6/10/2019.
- 15) **PTSD in COD Treatment** (1.0 x2) break-out presentations at the Detroit Wayne Mental Health Authority's Co-occurring Disorder mini-conference, (**Dearborn**, MI) – 6/3/2019.
- 16) **Trauma-informed Care in SUD Treatment** regional staff training (6.0); Mid State Health Network, (**Mt. Pleasant**, MI) – 4/15/2019.
- 17) **Trauma-informed Care in SUD Treatment** regional staff training (6.0); Mid State Health Network, (**Okemos**, MI) – 4/10/2019.
- 18) **Trauma-informed Behavioral Health Care for Older Adults** regional training (6.0); Michigan Mental Health and Aging Project, (**Gaylord**, MI) – 3/29/2019.
- 19) **Staging & Motivation in Treatment and Intervention Planning** presentation (3.0); portion of two-day ACT 201-D MDHHS-sponsored training, (**Redford**, MI) – 3/28/2019.
- 20) **Motivational Enhancement for Effective Outreach** inservice presentation (2.5); Detroit Lions Alumni Outreach annual gathering, (**Allen Park**, MI) – 3/9/2019.
- 21) **Staging & Motivation in Treatment and Intervention Planning** presentation (3.0); portion of two-day ACT 201-D MDHHS-sponsored training, (**Grand Rapids**, MI) – 2/5/2019.
- 22) **Trauma-informed Care** (1.5) presentation at the Tri-County Peers Connect *November event, hosted by the Oakland Community Health Network*, (**Troy**, MI) – 11/14/2018.
- 23) **The Addiction-Trauma Connection** (2.0) presentation at the Northwest Wayne Families Against Narcotics (FAN) *November Monthly Forum meeting*, (**Canton**, MI) – 11/5/2018.
- 24) **Addiction in Aging/Older Populations** (1.5) break-out presentation at the Chippewa County Health Department's *2018 UP Fall Summit: Understanding Generational Trends in Substance Use Disorders*, (**Sault Ste Marie**, MI) – (10/25/2018).
- 25) **Effectively Addressing Co-occurring Addiction & PTSD** (1.5) break-out presentation at the Detroit Wayne Mental Health Authority's *4<sup>th</sup> Annual Raising the Bar: Facing the Future Together* conference, (**Detroit**, MI) – 8/13/2018.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 26) **Cognitive Behavioral Therapy & Trauma** (1.5) break-out presentations at the Detroit Wayne Mental Health Authority's *Trauma-Focused Care Conference: Living Through Trauma, Domestic Violence and Loss*, (**Livonia**, MI) – 2/15-16/2018.
- 27) **Effective Treatment for Co-occurring Posttraumatic Stress Disorder** (1.5) break-out presentation at the Detroit Wayne Mental Health Authority's *3<sup>rd</sup> Annual Raising the Bar: People, Purpose & Passion* conference, (**Detroit**, MI) – 7/17/2017.
- 28) **Trauma-informed Dual Disorders Treatment** (1.5) break-out presentation at the Detroit Wayne Mental Health Authority's Co-occurring Disorder mini-conference, (**Dearborn**, MI) – 6/5/2017.
- 29) **Addressing Substance Abuse in Older Adults with Mental Illness** staff training (5.0); Lansing Community College, Mental Health and Aging Regional Training, at Washtenaw Community College, (**Ann Arbor**, MI) – 3/10/2017.
- 30) **Evidence-based Co-occurring Treatment: The Legacy of Project MATCH** staff training (4.0); Pine Rest Christian Mental Health Services, (**Grand Rapids**, MI) – 3/7/2017.
- 31) **Trauma-Focused Care Conference: Encouraging a Culture of Resiliency & Hope**, CEU (1.5) break-out presentations at the Detroit Wayne Mental Health Authority's *Trauma-Focused Care Conference: Encouraging a Culture of Resiliency & Hope*, (**Detroit**, MI) – 2/16-17/2017.
- 32) **Addressing Substance Abuse in Older Adults with Mental Illness** staff training (3.5); Lansing Community College, Mental Health and Aging Two-day Regional Training, (**Escanaba**, MI) – 9/13/2016.
- 33) **An Introduction to Motivational Enhancement with Older Adults** staff training (3.5); Lansing Community College, Mental Health and Aging Two-day Regional Training, (**Escanaba**, MI) – 9/13/2016.
- 34) **Trauma and Addiction** presentation (1.0); South Central Region Families Against Narcotics (FAN) monthly meeting, (**Farmington Hills**, MI) – 8/5/2016.
- 35) **Challenges to Recovery: Untreated Posttraumatic Stress Disorder Symptoms** presentation (1.5); NAMI Metro General Meeting, (**Southfield**, MI) – 5/24/2016.
- 36) **Trauma-informed Care, Personality Disorder & Dialectical Behavior Therapy** Peer Support Specialist staff preparation training (6.0); Detroit Wayne Mental Health Authority, (**Detroit**, MI) – 4/8/2016.
- 37) **Motivational Interviewing** staff training (6.0); Avalon Housing, (**Ann Arbor**, MI) – 1/22/2016.
- 38) **Trauma-informing Our Systems of Care** Peer Support Specialist staff preparation training (6.0); Detroit Wayne Mental Health Authority, (**Detroit**, MI) – 12/11/2015.
- 39) **Family Systems and Natural Supports** staff training (3.0); Saginaw County Community Mental Health Authority, (**Saginaw**, MI) – 9/30/2015.
- 40) **Avoiding Burnout/Compassion Fatigue** staff training (3.0); Saginaw County Community Mental Health Authority, (**Saginaw**, MI) – 9/30/2015.
- 41) **Effective Integrated Treatment of Co-occurring Mental Health & Substance Use Disorders** training (4.0); Saginaw County Community Mental Health Authority, (**Saginaw**, MI) – 7/24/2015.
- 42) **Ethics for Peer Supporters** Peer Support Specialist staff preparation training (5.0); Detroit Wayne Mental Health Authority, (**Detroit**, MI) – 12/19/2014.
- 43) **Challenges to Recovery: Under-treated Trauma** presentation (1.5); NAMI Metro General Meeting, (**Southfield**, MI) – 11/18/2014.
- 44) **Trauma and Brain Development: What We Can Learn from the Adverse Childhood Experiences Study** Peer Support Specialist staff preparation training (3.0); Detroit Wayne Mental Health Authority, (**Detroit**, MI) – 11/7/2014.
- 45) **Advancing Motivational Interviewing Competence for Sustainability** seminar training (4.0) x 2; Washtenaw County Community Support and Treatment Services, (**Ann Arbor**, MI) – 8/22/2014.
- 46) **Becoming Dual Diagnosis Capable** seminar training (6.0); Detroit Wayne Mental Health Authority EBP training/Community Care Services, (**Lincoln Park**, MI) – 7/25/2014.
- 47) **Advancing Motivational Interviewing Competence for Sustainability** seminar training (4.0); Washtenaw County Community Support and Treatment Services, (**Ann Arbor**, MI) – 6/18/2014.
- 48) **Supervising for Motivational Interviewing Sustainability** seminar training (4.0); Washtenaw County Community Support and Treatment Services, (**Ann Arbor**, MI) – 3/11/2014.
- 49) **Trauma and the Seeking Safety Model** seminar training (6.0); EMU/Detroit-Wayne EBP Project (**Livonia**, MI) – 11/22/2013.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 50) **ACT (Assertive Community Treatment) Model Training: Part II** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 11/21/2013.
- 51) **Staging and Motivational Interviewing** seminar training (3.0); EMU/Detroit-Wayne EBP Project/Community Care Services, (*Detroit*, MI) – 11/15/2013.
- 52) **ACT (Assertive Community Treatment) Model Training: Part I** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 11/14/2013.
- 53) **Integrated Treatment for Co-occurring Mental Health and Substance Use Disorders** seminar co-presentation (1.0); Wayne State University/Detroit-Wayne Mental Health Research Seminar Series, (*Detroit*, MI) – 11/7/2013.
- 54) **The Illness, Management and Recovery (IMR) Model** seminar training (3.0); EMU/Detroit-Wayne EBP Project/Community Care Services, (*Detroit*, MI) – 9/27/2013.
- 55) **Mental Health Recovery and Recovery Models** seminar training (3.0); EMU/Detroit-Wayne EBP Project/Community Care Services, (*Detroit*, MI) – 9/27/2013.
- 56) **Supervising for Motivational Interviewing Competence and Sustainability II** seminar training (3.0); Macomb County Community Mental Health Authority, (*Clinton Township*, MI) – 9/19/2013.
- 57) **Co-occurring Disorders: Evidence-based Relationship Factors for Improved Engagement with Dually Disordered Populations** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 9/13/2013.
- 58) **Introduction to Dialectical Behavior Therapy** seminar training (6.0); EMU/Detroit-Wayne EBP Project/Adult Well-Being Services, (*Detroit*, MI) – 9/6/2013.
- 59) **Supervising for Motivational Interviewing Competence and Sustainability I** seminar training (3.0); Macomb County Community Mental Health Authority, (*Clinton Township*, MI) – 9/5/2013.
- 60) **Cognitive-Behavioral Approaches for the Treatment of Co-occurring Addiction** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 6/14/2013.
- 61) **Revisiting Staff Training – A Priority-Ordered Approach to Workforce Development** seminar training (3.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 5/3/2013.
- 62) **Effective Change Facilitation** 4-part seminar training series (16.0); University of Michigan Hospital Complex Care Management Program, (*Ann Arbor*, MI) – 3/1,15,22,29/2013.
- 63) **Dealing with Trauma in Dually Diagnosed Populations** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 3/8/2013.
- 64) **Becoming Dual Diagnosis Capable – Part II** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 1/18/2013.
- 65) **Becoming Dual Diagnosis Capable – Part I** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 1/11/2013.
- 66) **EBP Forum: Administration Challenges with Evidence-Based Practices** seminar training (3.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 11/30/2012.
- 67) **Developing and Implementing Trauma-specific Services** seminar trainings (3.0 & 3.0) with 2 staffing groups of Easter Seals Disability Services, (*Waterford*, MI) – 9/11/2012.
- 68) **Trauma-informing Your Organization** seminar trainings (3.0 & 3.0) with 2 staffing groups of Easter Seals Disability Services, (*Waterford*, MI) – 9/10/2012.
- 69) **Motivational Enhancement** seminar trainings (1.0 & 2.0) with 4 staffing groups of Marquette General Hospital's inpatient and outpatient mental health service departments; sponsored by the Geriatric Education Center of Michigan, (*Marquette*, MI) – 7/11/2012.
- 70) **Addressing Substance Abuse in Older Adults with Mental Illness** seminar training (6.0); Lansing Community College's Mental Health and Aging Project, (*Escanaba*, MI) – 7/10/2012.
- 71) **Dealing with Trauma in Dually Disordered Populations** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 6/22/2012.
- 72) **Substance Abuse, Mental Illness and Recovery** presentation as part of Clinton-Eaton-Ingham Community Mental Health Authority's "Year of Recovery 2012", (*Lansing*, MI) – 4/10/2012.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 73) **Stage-Matched IDDT Treatment Planning and Intervention** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 3/16/2012.
- 74) **Understanding and Treating Co-occurring Addictive and Personality Disorders: Learning from the IDDT Model** two-day seminar training (12.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 1/26-27/2012.
- 75) **Trauma Recovery** presentation (1.0) at North Country Community Mental Health's Day of Recovery Education, (*Gaylord*, MI) – 12/2/2011.
- 76) **Co-occurring Addictive and Personality Disorders** seminar training (6.0); EMU/Detroit-Wayne EBP Project, (*Livonia*, MI) – 9/30/2011.
- 77) **Trauma Services in a CMH Setting: The Seeking Safety Model** Social Work CEU presentation (2.5); Detroit Central City CMH, (*Detroit*, MI) – 9/28/2010.
- 78) **Effective Dual Disorders Treatment: Organizational Elements** Social Work seminar training (6.0); EMU/Detroit-Wayne EBP Project, (Northwest Activities Center/*Detroit*, MI) – 9/23/2010.
- 79) **Trauma Services in a CMH Setting: The TREM Approach** Social Work CEU presentation (2.5); Detroit Central City CMH, (*Detroit*, MI) – 9/14/2010.
- 80) **Effective Dual Disorders Treatment: Treatment Characteristics** Social Work seminar training (6.0); EMU/Detroit-Wayne EBP Project, (Northwest Activities Center/*Detroit*, MI) – 9/13/2010.
- 81) **Co-occurring Mental Health & Substance Use Disorders and Stigma** presentation (1.0) at the St. Joseph Mercy Health Systems' *Your Community: Resources, Relief and Research* event, (*Saline*, MI) – 4/28/2010.
- 82) **Understanding and Treating Co-occurring Mental Health & Substance Use Disorders**, Educational presentation (1.5); SafeHouse/Domestic Violence Project, (*Ann Arbor*, MI) – 3/30/2010.
- 83) **Co-occurring Mental Health & Substance Use Disorders**, Social Work CEU (1.5) co-presentation; University of Michigan, School of Social Work, "Healthy Communities" event, (*Ann Arbor*, MI) – 10/19/2009.
- 84) **The Complications of Substance Abuse in Older Adults with Mental Illness – Co-occurring Disorders Treatment**, Catholic Social Services/Blueprint for Aging-sponsored Social Work CEU (2.0) presentation, (*Ann Arbor*, MI) – 9/29/2009.
- 85) **The Complications of Substance Abuse in Older Adults with Mental Illness – Motivational Interviewing**, Catholic Social Services/Blueprint for Aging-sponsored Social Work CEU (2.0) presentation, (*Ann Arbor*, MI) – 9/22/2009.
- 86) **The Complications of Substance Abuse in Older Adults with Mental Illness**, Catholic Social Services/Blueprint for Aging-sponsored Social Work CEU (2.0) presentation, (*Ann Arbor*, MI) – 9/15/2009.
- 87) **The Complications of Substance Abuse in Older Adults with Mental Illness**, Catholic Social Services/Blueprint for Aging-sponsored Social Work CEU (2.0) presentation, (*Ypsilanti*, MI) – 4/25/2009.
- 88) **Stagewise Treatment and Documentation for Co-Occurring Disorders** full-day (6.5) technical assistance training for Venture region staff; MIFAST, (*Battle Creek*, MI) – 8/14/2008.
- 89) **Stagewise Treatment and Documentation for Co-Occurring Disorders** full-day (6.5) technical assistance training for Venture region staff; MIFAST, (*Kalamazoo*, MI) – 7/17/2008.
- 90) **Stagewise Treatment and Documentation for Co-Occurring Disorders** full-day (6.5) technical assistance training for Venture region staff; MIFAST, (*Lawrence*, MI) – 6/26/2008.
- 91) **Assessment, Diagnosis and Treatment of [Co-Occurring] Substance Use Disorders**, MDCH/ MACMHB-sponsored full-day (6.5) training presentation, (*Traverse City*, MI) – 6/12/2008.
- 92) **Assessment, Diagnosis and Treatment of [Co-Occurring] Substance Use Disorders**, MDCH/WSU/MACMHB-sponsored full-day (6.5) training presentation, (*Lansing*, MI) – 4/1/2008.
- 93) **Alcohol and Other Drugs – What You Need to Know** presentation; Boy Scout Troop 468 Alcohol and Drug Education session, (*Ann Arbor*, MI) – 11/28/2006.
- 94) **Motivational Interviewing 10-Session Staff Training** instruction to Ann Arbor Delonis Center staff; Ann Arbor Shelter Association, (*Ann Arbor*, MI) – 10/5/2006-8/3/2006.
- 95) **Alcohol and Other Drugs – What You Need to Know** presentation; Boy Scout Troop 468 Alcohol and Drug Education session, (*Ann Arbor*, MI) – 9/20/2005, 11/23/2004.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 96) **Are Your Services Trauma-Informed?** co-presentation; Washtenaw-Livingston Substance Abuse Coordinating Agency Annual Training conference, (*Ann Arbor*, MI) – 10/29/2004.
- 97) **Alcohol and Other Drugs – What You Need to Know** presentation; Ann Arbor Christian School, 5<sup>th</sup> Grade Alcohol and Drug Education session, (*Ann Arbor*, MI) – 4/2/2004.
- 98) **Community Resources for Mentally Ill Consumers and Their Families** presentations; Family Education and Support Training (FEST) Program, (*Ann Arbor*, MI) – 6/19/2001, 9/20/2001.
- 99) **Community Resources for Mentally Ill Consumers and Their Families** presentation; Family Education and Support Training (FEST) Program, (*Ann Arbor*, MI) – 4/8/2000, 11/9/2000.
- 100) **Community Resources for Mentally Ill Consumers and Their Families** presentation; Family Education and Support Training (FEST) Program, (*Ann Arbor*, MI) – 6/19/1999, 11/18/1999.
- 101) **Clinical Issues for Substance Abuse Professionals: Unresolved Historical Trauma** presentation (2.0); Washtenaw County Substance Abuse Coordinating Agency, (*Ypsilanti*, MI) – 9/13/1996.
- 102) **Tools for Recovery: A Workshop for Male Survivors of Childhood Trauma** co-presentation (4.0); Waking Bear Institute, (*Ann Arbor*, MI) – 11/9/1991.

### Other Training Presentations

- 1) **Trauma-specific Services: Treatment Interventions for CMH Populations**, CEU (1.5) break-out presentations at the Detroit Wayne Mental Health Authority's *Trauma-Informed Care: Equipping Detroit Wayne Providers – Developing Trauma Services* conference, (Southgate, MI) – 2/18-19/2016.
- 2) **Trauma-specific Services: Treatment Interventions for CMH Populations**, CEU (1.5) break-out presentations at the Detroit Wayne Mental Health Authority's *Trauma-Informed Care: Equipping Detroit Wayne Providers* conference, (Livonia, MI) – 2/19-20/2015.
- 3) **Understanding and Treating Co-occurring Mental Health & Substance Use Disorders: The IDDT Model**, CEU (6.0) seminar; Detroit Wayne Mental Health Authority provider network training at Team Mental Health Services, (Dearborn, MI) – 2/5/2015.
- 4) **Trauma-informing Systems of Care**, CEU (6.0) seminar; Detroit Wayne Mental Health Authority provider network training, (Livonia, MI) – 11/20/2014.
- 5) **Effectively Engaging with the Complex CMH Client**, CEU (4.0) training facilitation; Washtenaw County Community Support and Treatment Services (Ypsilanti, MI) – 7/30/2010.
- 6) **Engaging and Working with Persons with Borderline Personality Disorder 8-Session Staff Training** with Home of New Vision/Personalized Nursing Lighthouse/Engagement Center Substance Abuse Case Management staff; Washtenaw County Community Support and Treatment Services, (Ypsilanti, MI) – 5/7/2010-3/12/2010.
- 7) **Affiliation Ethics**, CEU (3.0) training co-facilitation; CMH Partnership of Southeastern Michigan, (Ypsilanti, MI) – 4/28/2010.
- 8) **Dialectical Behavior Therapy 9-Session Staff Training** with H-PORT staff; Washtenaw County Community Support and Treatment Services, (Ann Arbor, MI) – 12/15/2009-10/27/2009.
- 9) **TREM/M-TREM Trauma Treatment Model** co-presentation (3.0); Washtenaw CSTS, (Ypsilanti, MI) – 7/24/2009.
- 10) **Motivational Interviewing 6-Session Staff Training** co-instruction to CCRT and PES staff; Washtenaw County Community Support and Treatment Services, (Ypsilanti, MI) – 4/3/2009-1/23/2009.
- 11) **Introduction to Seeking Safety** co-presentation (3.0); Washtenaw County Community Support and Treatment Services inservice, (Ypsilanti, MI) – 2/27/2009.
- 12) **Introduction to Stephanie Covington's "Beyond Trauma" Program** co-presentation; Washtenaw County Community Support and Treatment Services inservice, (Ypsilanti, MI) – 1/30/2009.
- 13) **Motivational Interviewing 10-Session Staff Training** co-instruction to HVCGC staff; Washtenaw County Community Support and Treatment Services, (Ypsilanti, MI) – 7/21/2008-5/5/2008.
- 14) **Motivational Interviewing 10-Session Staff Training** instruction to ACT staff; Washtenaw County Community Support and Treatment Services, (Ann Arbor, MI) – 5/28/2008-3/12/2008.

## Stephen R. Wiland

[stephenwiland@gmail.com](mailto:stephenwiland@gmail.com)

[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- 15) **Motivational Interviewing 10-Session Staff Training** instruction to JPORT staff; Washtenaw County Community Support and Treatment Services, (Ann Arbor, MI) – 5/21/2008-3/5/2008.
- 16) **DBT-Informed Motivational Interviewing for Integrated Healthcare Workers** co-instruction; Washtenaw County Community Support and Treatment Services / Social Work CEU Training Series – 2/27/2008-12/19/2007.
- 17) **Trauma, Mental Health, and Addiction: A Co-Occurring Challenge** ACT inservice; Community Support and Treatment Services – 1/2/2008.
- 18) **Motivational Interviewing 10-Session Staff Training** instruction to Project Outreach (PORT) staff; Washtenaw County Community Support and Treatment Services, (Ann Arbor, MI) – 11/9/2006-9/7/2006.
- 19) **Co-Occurring Disorders Education Lecture Series** weekly community presentations rotating through the topics below; Washtenaw County Community Support and Treatment Services – 9//2006-1//2003.
  - a) Introduction to Dual Disorders
  - b) Dual Recovery Stories
  - c) Integrated Dual Disorders Treatment
  - d) Stages of Change in Dual Recovery
  - e) Dual Recovery Tools
  - f) 12 Steps and Dual Recovery
  - g) Preventing Relapse
  - h) Bipolar Disorder and Addiction
  - i) Depression and Addiction
  - j) Anxiety Disorders and Addiction
  - k) Trauma, Dissociative Disorders, and Addiction
  - l) Personality Disorders and Addiction
  - m) Thought Disorders and Addiction
  - n) Stimulant Substances and Mental Health
  - o) Depressant Substances and Mental Health
  - p) Hallucinogenic Substances, Marijuana, and Mental Health
  - q) Relationships and Dual Recovery
- 20) **Motivational Interviewing 10-Session Staff Training** co-instruction to Towner Moderate Intensity Team staff; Washtenaw County Community Support and Treatment Services, (Ypsilanti, MI) – 7/6/2006-5/4/2006.
- 21) **Motivational Interviewing 10-Session Staff Training** co-instruction to Ellsworth Moderate Intensity Team staff; Washtenaw County Community Support and Treatment Services, (Ann Arbor, MI) – 3/23/2006-1/19/2006.
- 22) **Motivational Interviewing 10-Session Staff Training** co-instruction to clinical staff, Huron Valley Child Guidance Center; Washtenaw County Community Support and Treatment Services, (Ypsilanti, MI) – 9/1/2005-7/14/2005.

## GRANTS

- Wiland, S. (FY 2008-09). **“What happened to you?” Addressing trauma with Community Mental Health populations: A toolkit for providers.** (Michigan Department of Community Health, State-administered Federal Block Grant).
- Wiland, S. (FY 2006-07). **Modular web-based, co-occurring addictions treatment competency training for mental health staff.** (Michigan Department of Community Health, State-administered Federal Block Grant).

## PUBLICATIONS

- Wiland, S. (FY 2008-09). **“What happened to you?” Addressing trauma with Community Mental Health populations: A toolkit for providers.** (Michigan Department of Community Health Block Grant).
- Wiland, S. (Jan., 2008). **An elephant-size challenge: Implementing integrated services requires a “one bite at a time” mentality.** Behavioral Healthcare. See <http://www.behavioral.net/article/elephant-size-challenge>
- Capobianco, J.A., Wiland, S.R., Svensson, J.S., Ruffolo, M.C., & Fricker, C.B. (2006). **Integrating multiple evidence-based practices in a public mental health organization: An implementation field guide for project managers and clinical supervisors.** (University of Michigan / Michigan Department of Community Health Grant). Republished by the National Council as the **Implementing Evidence-Based Practices in Mental Health Field Guide.**



## Stephen R. Wiland

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[www.integratedrecovery.org](http://www.integratedrecovery.org)

(734) 358-9914

- Wiland, S. (1999). **A guide to effective case management in Washtenaw County.** (Washtenaw County Community Mental Health).
- Wiland, S. (1999). **The role of childhood trauma in the disorders of dually diagnosed adults served in a community mental health setting.** (unpublished EMU Master's thesis).

## TELEVISION / RADIO BROADCASTS

- **Overcoming Addiction** radio program broadcast; Cave Radio Broadcasting – 2016. *Podcast available at* <https://soundcloud.com/carrie-turcotte/steve-wiland-foundations-detroit>.
- **Washtenaw Community Health Organization: Mental Health Recovery – What is it?** panel presentation broadcast; Ann Arbor Public Access Community Television Network (Channel 17) – 2010. *Excerpt viewable at* <http://www.youtube.com/watch?v=q2yD83Nt6mE>.
- **Washtenaw Community Health Organization: Co-Occurring Initiative – Integrated Dual Disorders Treatment** panel presentation broadcast; Ann Arbor Public Access Community Television Network (Channel 17) – 2004. *Excerpt viewable at* <http://www.youtube.com/watch?v=HBnsD3sSw2g&feature=related>.

## AWARDS

- **Distinguished Alumnus of the Year, 2006** – Eastern Michigan University, School of Social Work, Master's Program.
- **Health Services Communication Skills Award, 1996** – Washtenaw County Community Mental Health Department.